

## Plant-powered supplements

### Stress & Mood Support



### Wanderlust Ashwagandha Stress Support

Traditionally used in Ayurvedic Practice to:

- Help calm nerves and nervous tension
- Support the body's response to stress



### Wanderlust Holy Basil Stress & Immune

Traditionally used in Ayurvedic practice to:

- Help the body's normal reponse to stress
- Contribue to the normal functioning of the immune and respiratory systems



### Wanderlust St John's Wort Healthy Mood Balance

Traditionally used in Western Herbal practice to:

- Support mood
- Support emotional balance as well as calmness

### Sleep Support

#### Wanderlust Valerian

Sleep Support



Traditionally used in Western Herbal practice to:

- Western Herbal practice to
  Support a refreshing
- Help calm nerves



#### Wanderlust Soulful Sleep

Supports Falling Asleep

Traditionally used in Western Herbal practice to:

- Support falling asleep
- Support healthy sleeping patterns



### Wanderlust Sleep Botanicals

Relax & Sleep Support

Traditionally used in Western Herbal practice to:

- Support relaxation
- Support a refreshing sleep



### Wanderlust Chamomile Relax & Digest Support

Traditionally used in Western Herbal practice to:

- Sleep support
- Support digestive health

### Cleanse & Detox

### Wanderlust Milk Thistle



Detox Support

Traditionally used in Western Herbal practice to:

- Support liver function
- Support the body's natural cleansing and detoxification processes



### Wanderlust Schisandra Daily Liver Support

Used in Traditional Chinese practice to:

- Support liver health
- Support normal stress response



# Antioxidant - Wanderlust High

### Antioxidant

A one-a-day capsule to:

• Support the body's normal

response to free radicals
Support general health and wellbeing

Strength Resveratrol

## Digestion



### Wanderlust Lemon Balm Stress & Gut Support

Traditionally used in Western Herbal practice to:

- Support a normal stress response
- Help calm nerves and digestive comfort



## Wanderlust Fennel Debloat Support

Traditionally used in Western Herbal practice to:

- Soothe bloating
- Support stomach comfort



## Wanderlust Dandelion Digestion Support

Traditionally used in Western Herbal practice to:

- Support healthy digestion
- Support digestive comfort



### Wanderlust Barberry Natural Berberine

Traditionally used in Western Herbal practice to:

- Support the breakdown of dietary fat
- Support digestive health and gall bladder function





## Plant-powered supplements

### **Energy & Performance**



#### Wanderlust Siberian Ginseng Energy & Stress Support

Traditionally used in Western Herbal practice to:

- Support energy levels
- Help the body adapt to stress



#### Wanderlust Korean Ginseng Energy Support

Traditionally used in Western Herbal practice to:

- Support energy levels
- Support alertness, focus and mental clarity

## Mind Health



### Wanderlust Brahmi Focus & Clarity

Traditionally used in

- Ayurvedic practice to:
- Support mental clarity, focus and alertness
- Brain function



### Wanderlust Gotu Kola Brain Support

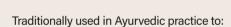
Traditionally used in Ayurvedic practice to:

- Support brain health
- Support mental clarity and focus



## Women's Health — — Men's Health — — Omega-3

### Wanderlust Women Kind Multi Women's Tonic



- Support vitality and libido
- Support the body's response to stress
- Supports female hormone balance
- Supports menstrual cycle health



## Wanderlust Tribulus

Libido Support

Traditionally used in Ayurvedic practice to:

- Support libido
- Support energy and stamina



### Wanderlust Plant Omega-3 Vegan EPA & DHA

EPA & DHA support heart and brain health.

Derived from sustainably sourced marine algae.

## **Immunity**



#### Wanderlust Echinacea Immune Health

Traditionally used in Western Herbal practice to:

Support immune health



## Wanderlust Echinacea & Astragalus

Lung & Immune Support

Used in traditional Chinese practice to:

- Support lung and immune health
- Support vitality and to tonify Qi



## WanderlustVitamin D3

Immune Support

Source of vitamin D in a readily absorbed liquid spray to:

- Support immune defences and bone health
- Support the absorption of dietary calcium



### Wanderlust Quercetin + C Immune Support

Plant-derived nutrients to:

- Support immune system function
- Support the body's response to free radicals



### Wanderlust Reishi Immune Support

Used in traditional Chinese practice:

- Support immune system function
- Support the body's response to free radicals



### Wanderlust Mushroom Multi Immune & Vitality Support

Used in traditional Chinese practice to:

- Support immune system health
- Support vitality, wakefulness and Qi